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MINISTERUL SĂNĂTĂȚII, MUNCII ȘI PROTECȚIEI SOCIALE
AL REPUBLICII MOLDOVA



Swiss Tropical and Public Health Institute
Schweizerisches Tropen- und Public Health-Institut
Institut Tropical et de Santé Publique Suisse

Associated Institute of the University of Basel

Healthy Communities – How multi-sectoral partnerships can increase accountability in the quest for health and wellbeing in Moldova



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Proiect
Viață Sănătoasă

Reducerea poverii bolilor netransmisibile

Medicus Mundi Schweiz, Basel
7 November 2018



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The Republic of Moldova:

- is a developing country with a population of 3.4 million, of which 53% live in rural areas.
- is situated in S-E Europe
- has common borders with Romania and Ukraine.
- the territory = 33843.5 km²

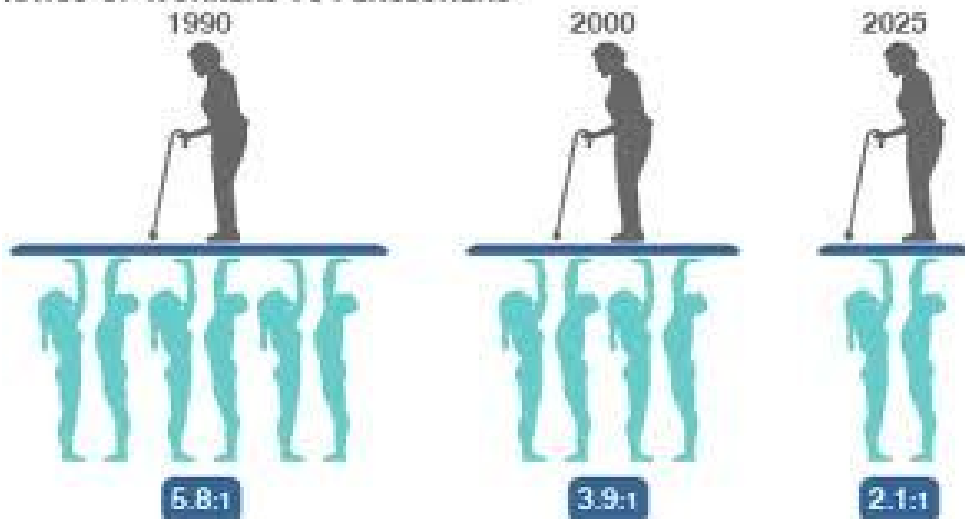


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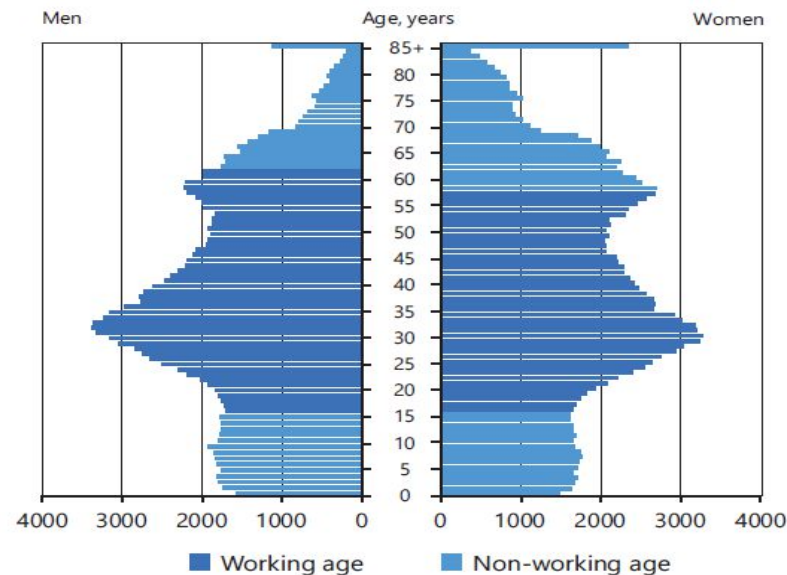
Reducerea poverii bolilor netransmisibile

Moldova in figures

RATIO OF WORKERS TO PENSIONERS

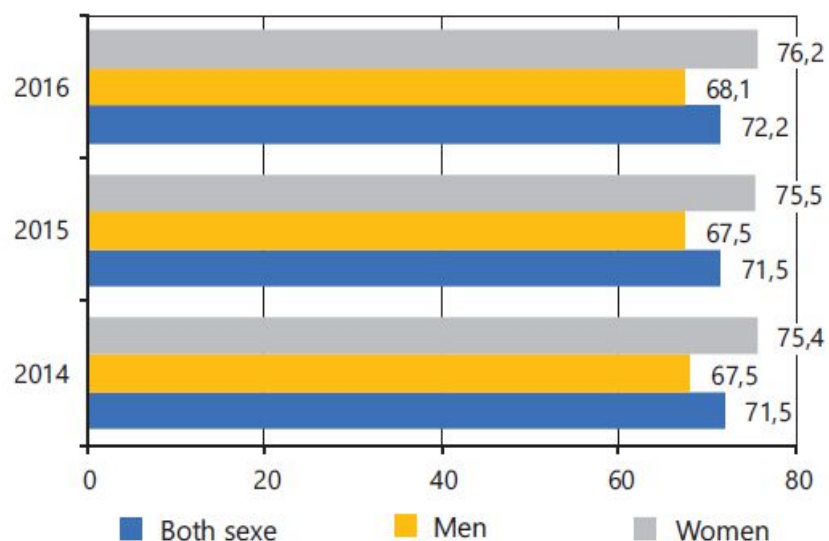


Population by age and sex, as of January 1, 2018



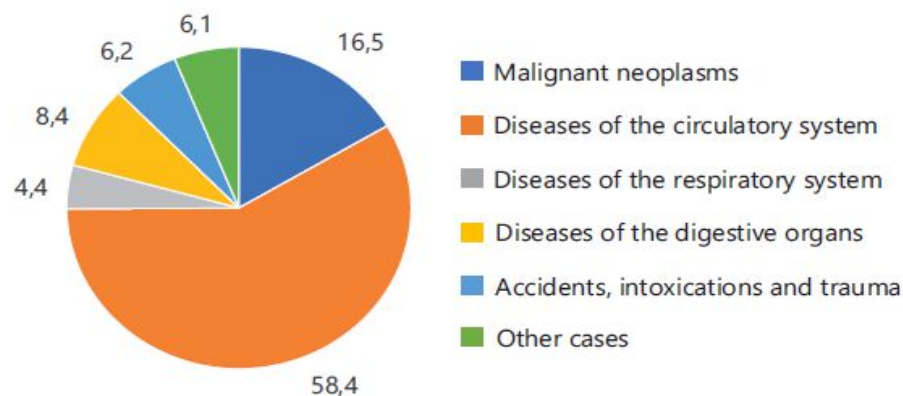
The age pyramid reflects disproportions in population structure by age and gender. Decrease in the number of young people has further narrowed down the age pyramid.

Life expectancy at birth, by sex, years



The average life expectancy increased compared to 2014 by 0,6 years for the male population, and to the female with 0,8 years. Current values are 68,1 years for men and 76,2 years for women. Thus, women have an average life span of 8,1 years longer than men.

Structure of deaths by major classes of causes of death, 2017, %



87% deaths of NCD
NBS, 2017



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Health care seeking behaviours and health status for non-communicable diseases

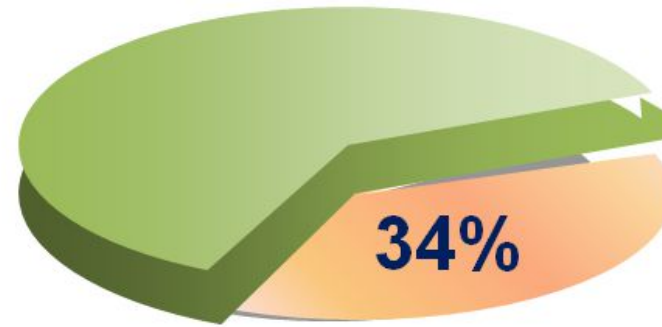


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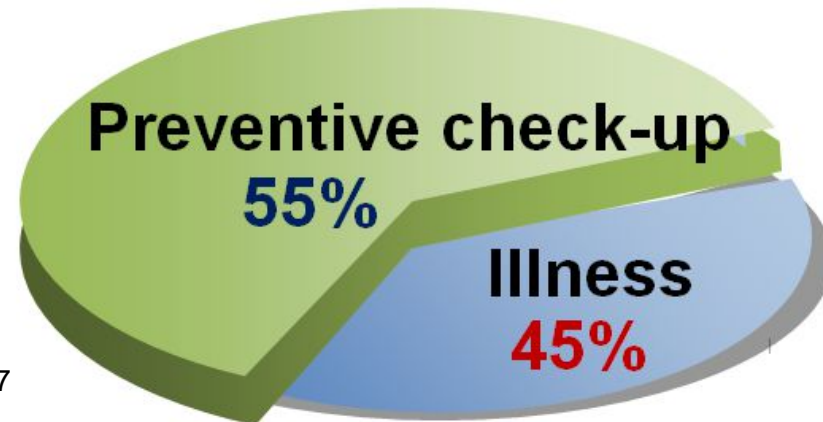
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Confirmed diagnosis of diabetes



Diagnosed with hypertension by a health professional

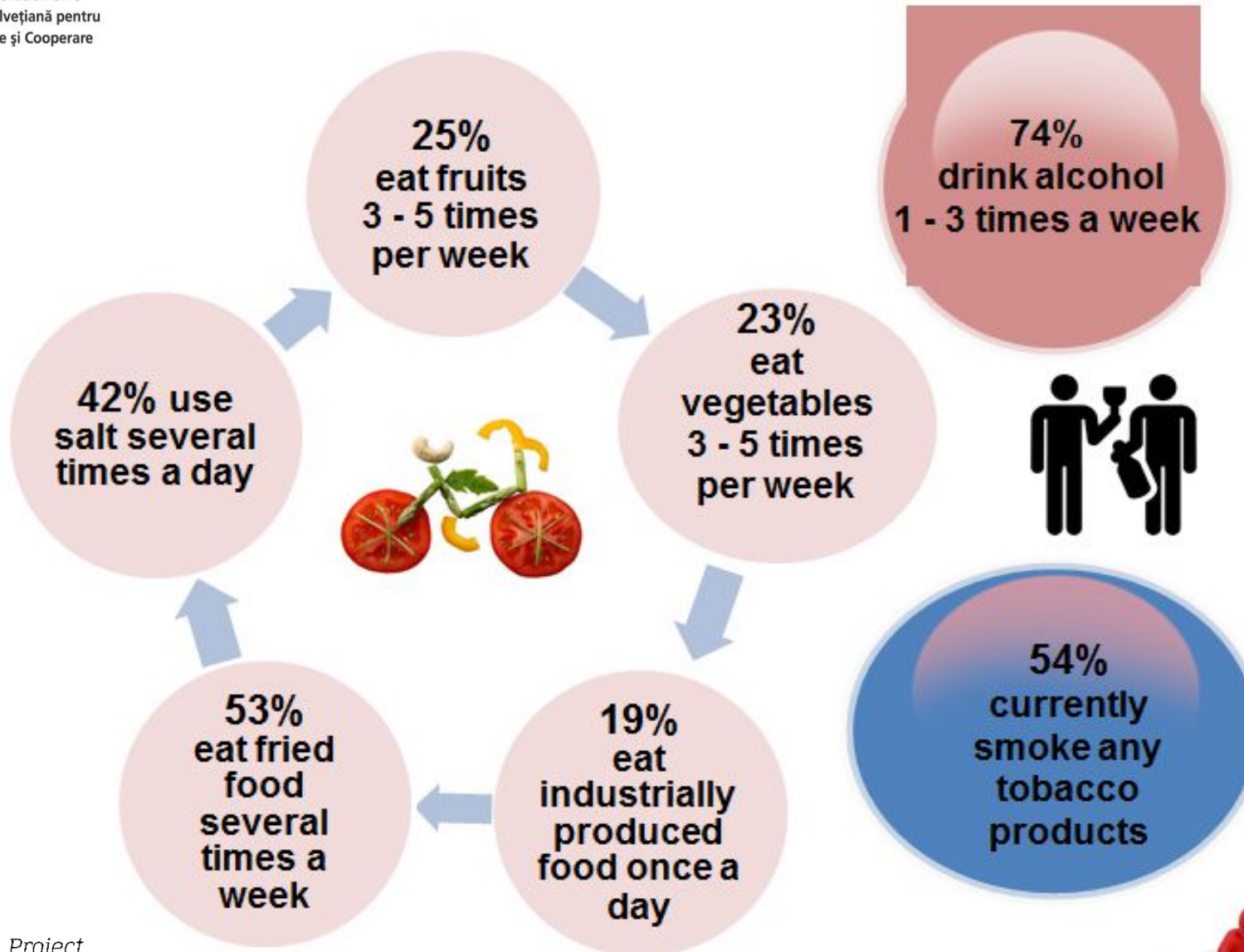


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KAPB survey, 2017



Dietary behaviours / lifestyle factors for NCDs





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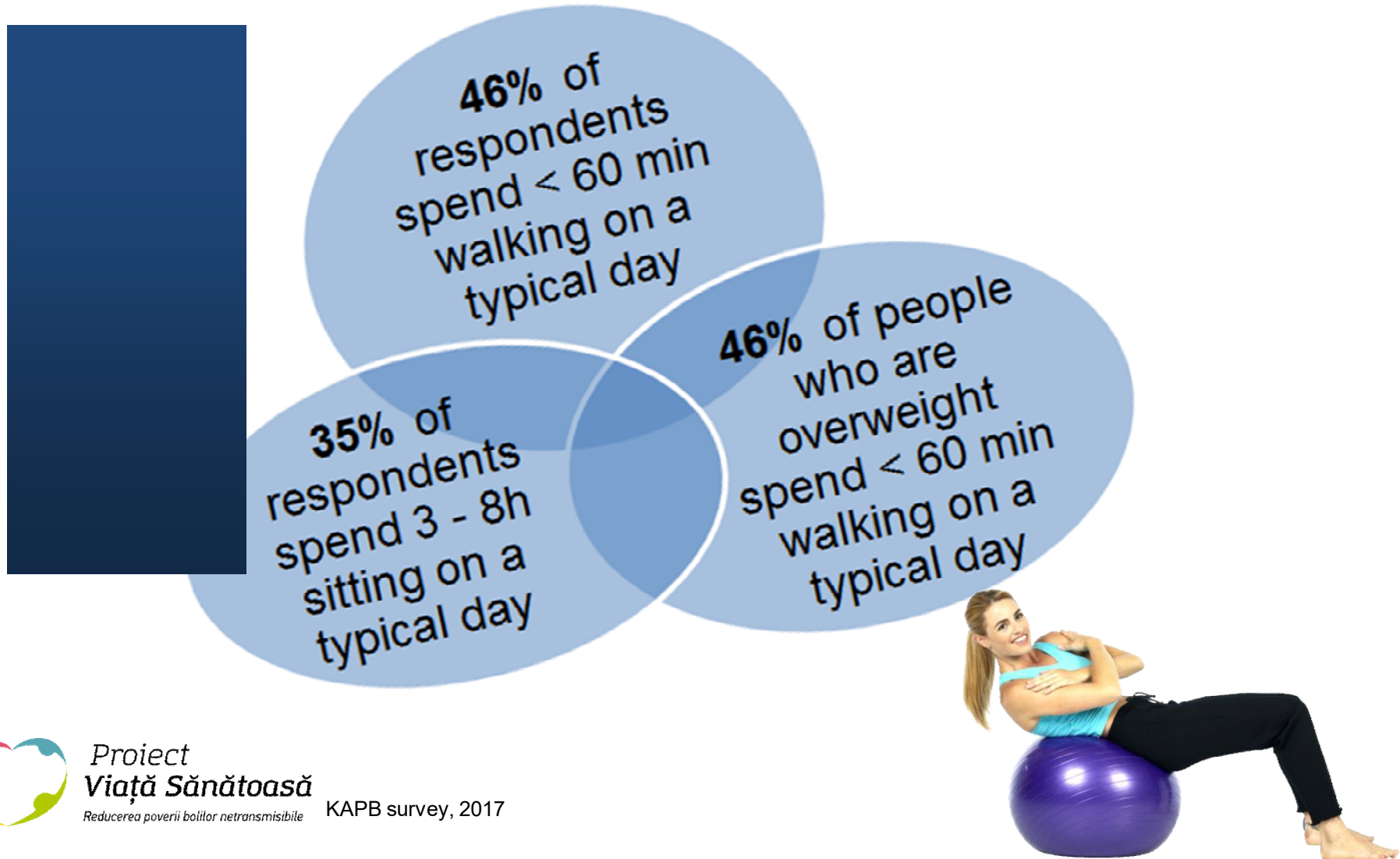


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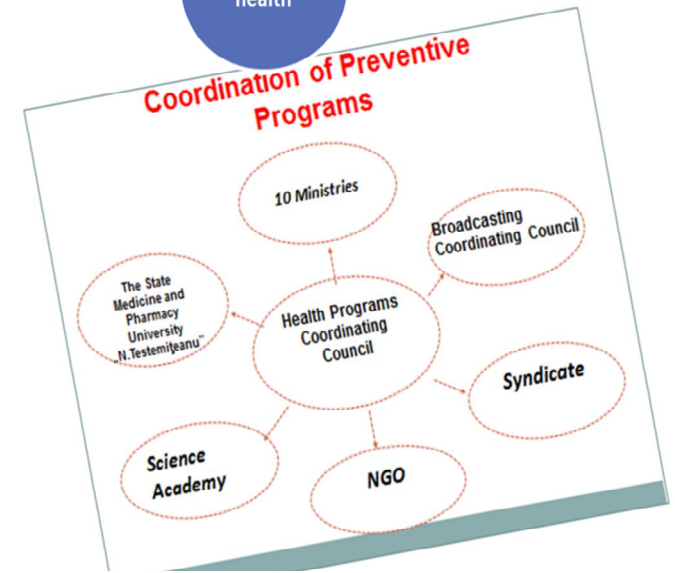
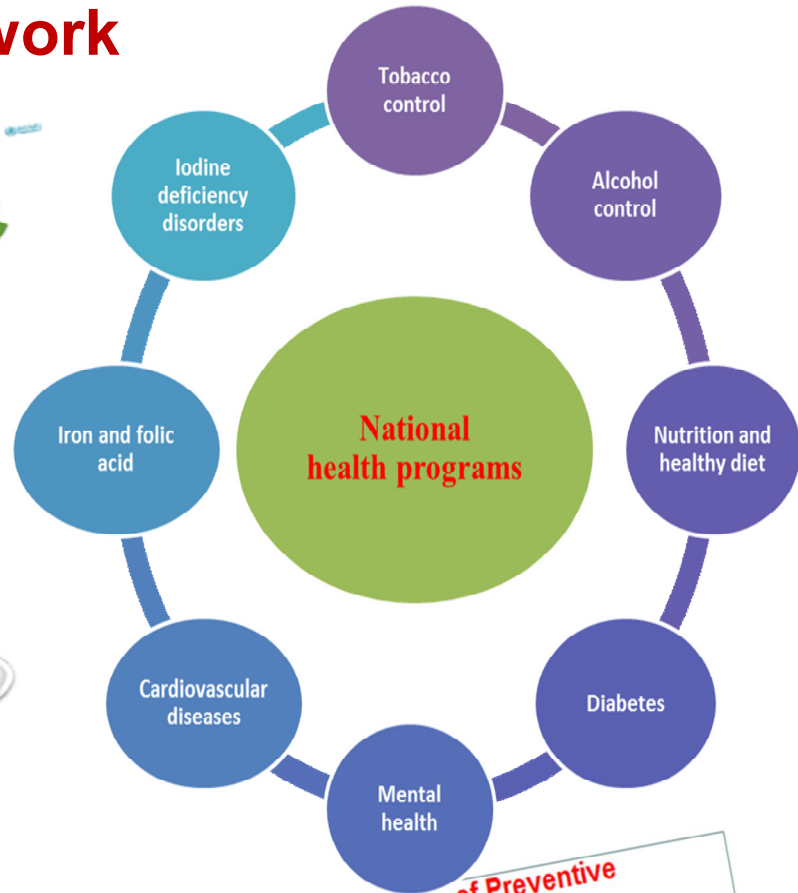
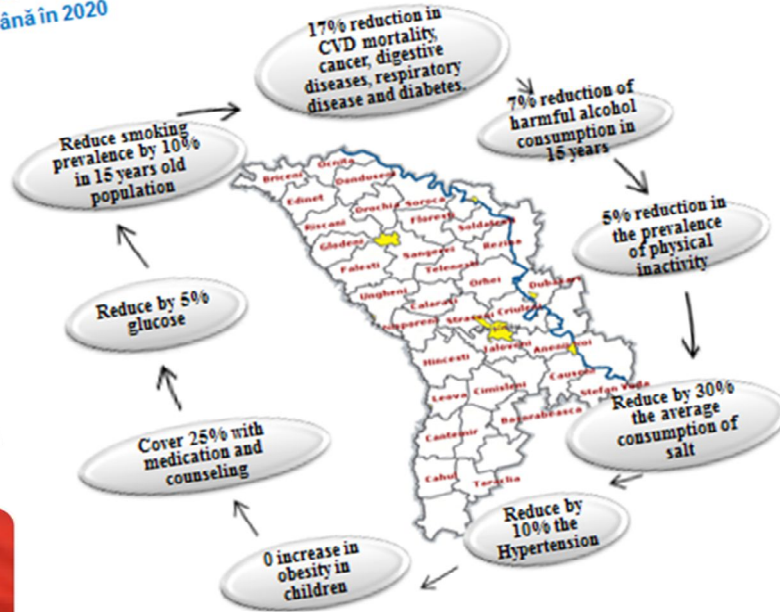
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Physical activity



Legal framework



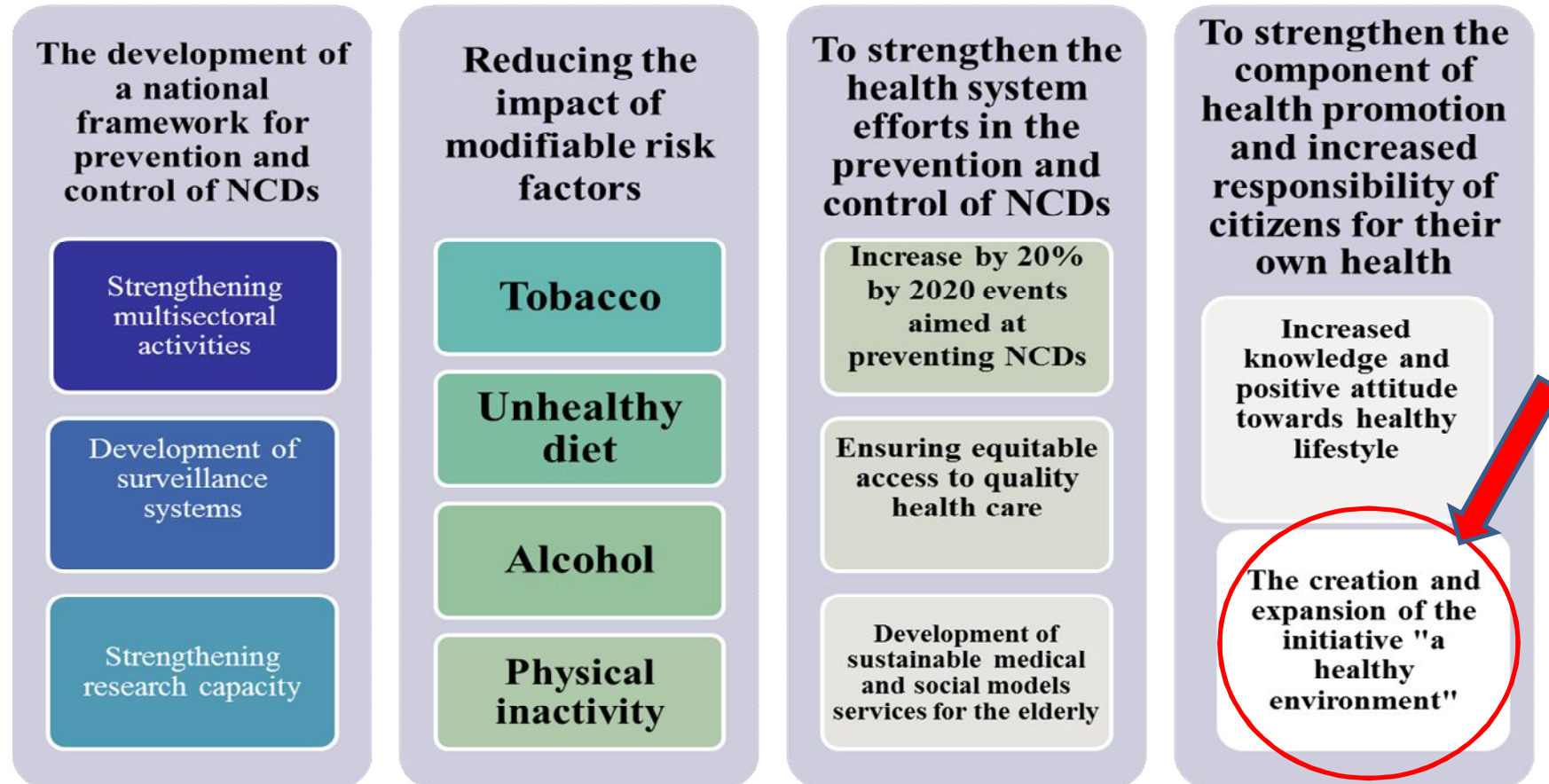
2000	2007	2009	2012	2014
National Health Policy	State law on public health surveillance		NP on prevention and control of CVD	
			NP on nutrition and healthy diet for 2014-2020	
			The Action Plan for implementing the NATIONAL STRATEGY for prevention and control of NCDs	

NATIONAL STRATEGY on prevention and control of NCDs for 2012-2020

NP on control of tobacco control for 2012-2016

NP on alcohol consumption for 2012-2020

National Agenda for reducing the burden of Non Communicable Diseases



What is a healthy environment?

Homes that satisfy basic human needs

Clean & safe drinking water

Affordable fresh food

High quality **healthcare**

High quality education

Convenient & affordable childcare

Affordable & safe public transport

Public parks & beautiful greenery

Affordable cultural possibilities

Physical activity possibilities

Safe working environment

Job security

Income for all the basic needs

Social services as needed

Political decision-making

Less social isolation (loneliness)

Family support & networks

Trust among neighbours

Safe traffic environment

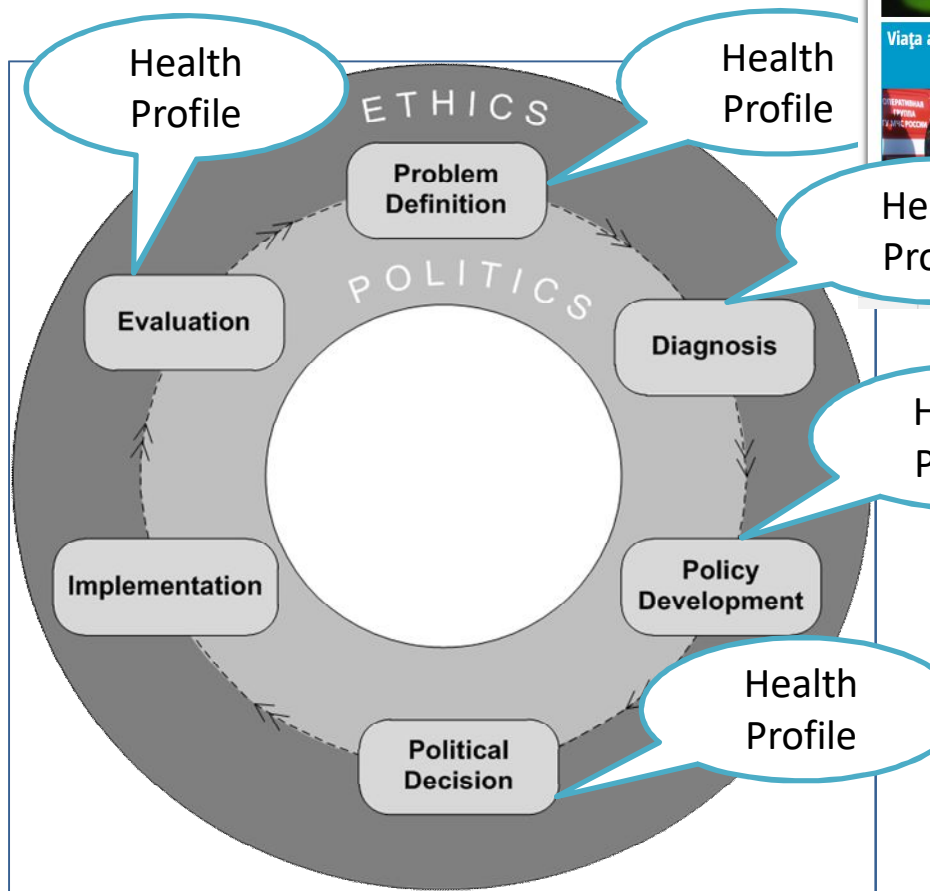
Low availability of drugs

Low level of crime and violence

Feeling safe in your neighbourhood



Establishment of the Multisectoral team Decision process



PROMOVAREA SĂNĂTĂȚII Activitatea Centrului Activitatea Centrului de Sănătate Publică Orhei în perioada 21 - 25.11.2016

PROMOVAREA SĂNĂTĂȚII

Viața are prioritate Ai grijă de sănătatea ta Alege sănătatea

04 Octombrie 2016 04 Octombrie 2016 13 Septembrie 2016

GHIDUL ELEVULUI
PREVENIREA MALADIILOR

GHIDUL ELEVULUI
FORMAREA STILULUI SĂNĂTOS DE VIAȚĂ

Sfatul medicului

Cum sa ai rabdare. Invata sa fii calm.

Multi dintre noi suntem adesea E simplu să fii sănătos tot anul ne rabdatori. Fie de...

Sanatatea este una dintre cele mai mari dorinte al...

Factori de risc pentru sanatatea inimii



Multisectoral teams (at Local Government level) are trained on local health planning and intersectoral collaboration for the promotion of healthy lifestyles

- A basic overview and 3 days training course of NCDs and their social determinants including lifestyle risk factors for Local Governments (mayors)
- Rolling out the LPA trainings in 10 Project's pilot districts started since October

SUMMARY:

1. Health levels
2. Individual health concepts.
3. The health system
4. The concept of PH.
5. Indicators of PH assessment.
6. Basic operational functions of PH.
7. The New PH Concept.
8. Demographic indicators of PH assessment.
9. Non-communicable diseases.
10. Determinants of Health.
11. Case studies.
12. International Policies and Strategies in PH.
13. National Policies and Strategies in PH.
14. Health in All Policies.
15. The Healthy Cities Movement.
16. The Northern Carelia Project.
17. Health profiles. Development.
18. Final aggregation.



Health profiles

WHO-developed instrument (set of indicators) that allows to evaluate the health status of the population and the factors that determine it in terms of statistical indicators for monitoring the health status, socio-economic, well-being and the quality of the environmental factors, to elaborate proposals and recommendations for situation recovery, rising awareness for Local Public Authorities, decision makers, as well as for public opinion in the specific region.



Requirements for indicators:

- i) **relevant** for analysis in the context of national and local priorities
- ii) Data sources - **credible**
- iii) **accessible** and **comparable** in time
- iv) Clear and generally understandable **interpretation**



Renewed activity on Health Profile



Analiza experienței în domeniul realizării „profilurilor de sănătate” în Republica Moldova

Evaluarea situației:
1 = situația este rea
2 = situația este satisfăcătoare
3 = situația este bună

Evaluarea tendinței:
1 = situația se înrăutățește
2 = situația este stabilă
3 = situația se îmbunătățește

Indicatorii din profilul de sănătate	UNGHENI		CAHUL		FALEȘTI	
	Situația	Tendința	Situația	Tendința	Situația	Tendința
A Starea de sănătate a populației:						
1 Mortalitatea în vârstă aptă de muncă	3	2	3	2	3	2
2 Mortalitatea cauzată de bolile cardiovasculare	3	2	3	2	3	2
3 Mortalitatea cauzată de cancer	3	2	3	2	3	2
4 Mortalitatea cauzată de hepatitele cronice și ciroză	3	2	3	2	3	2
5 Mortalitatea cauzată direct de consumul de alcool	3	2	3	2	3	2
6 Mortalitatea cauzată de bolile sistemului respirator	3	2	3	2	3	2
7 Mortalitatea cauzată de bolile cardiovasculare, bolile respiratorii	3	2	3	2	3	2
8 Structura morbidității în rândul adulților (bolile cardiovasculare, bolile respiratorii)	3	2	3	2	3	2
9 Incidența prin bolile aparatului circulator	3	2	3	2	3	2
10 Incidența prin bolile respiratorii	3	2	3	2	3	2
11 Incidența prin bolile cardiovasculare, bolile respiratorii	3	2	3	2	3	2





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What did we achieve? 2013 - 2018

By 2018, 97% of raions in the Republic of Moldova have developed their health profiles and 10% developed action plans.



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Partners and community involvement (examples)

In the EU, on bicycles: Europe Day organized international cycling race Iasi-Chisinau



Partners and community involvement (examples)

Pregnant women meet to take exercise in the park as part of a healthy lifestyle



Partners and community involvement (examples)

Places for physical activity



Partners and community involvement (examples)

Free of tobacco playgrounds in Chisinau



Partners and community involvement (examples)

Healthy food in schools and kindergarten in Moldova



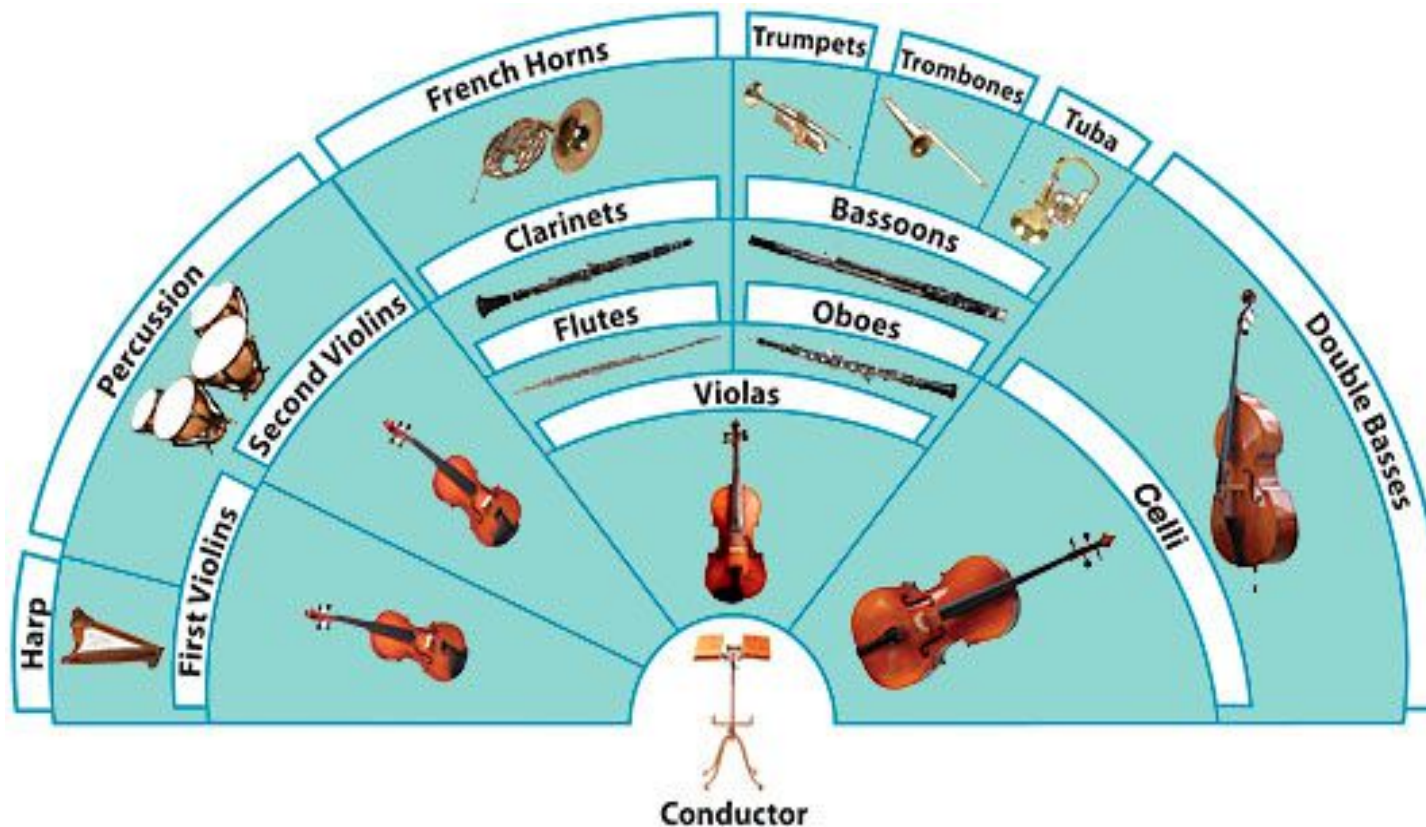
Lessons Learnt

- **Focus on health promotion and NCD prevention is opening wider arena for multi sectoral work** to improve health and wellbeing in wider context to reach SDGs on the raion level
- **Intersectoral action plans** on the basis of health profiles
- Existing capacities can be increased by **active participation of NGOs, volunteers and donor organisations**
- With multi sectoral cooperation and better coordination **the use of existing resources can be more effective** and new resources can be obtained
- **Good practices** developed in certain areas within health sector, in other sectors or by NGOs in Moldova and/or other countries **can be a good starting point for development of (new) solutions**

Conclusions

to understand what each sector is actually tasked to do in the community

to think through how they can promote health through routine activities that they would anyway carry out





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THANK YOU



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